



## **COACHES EXPECTATIONS**

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At the Iowa Rush we hold our Coaches, Players, and Parents to the highest level both on and off the field. Our goal is not only to develop and create strong soccer players, but also to provide the best environment for our players to develop as both players and individuals in life with the guidance from experienced and positive coaches who are strong role models. In order to continue to provide the most beneficial environment for our players, we have established Coaches Expectations that all Iowa Rush Coaches are expected to hold themselves to.

### **Rush Core Values**

Accountability~Advice~Accountability~Empathy~Enjoyment~Humility~Leadership~Passion  
Respect~Safety~Tenacity~Unity

### **Coaches Expectations:**

- Coaches are expected to represent the Iowa Rush positively by following Rush's Core Values and leading by example.
- Coaches set the tone of training – bring positive energy, confidence, and a plan to every session.
- Coaches are expected to come to training prepared with the days sessions already thought out and written down.
- Set up your entire training session prior to the start of training, this allows little down time and maximum soccer throughout the training session with smooth and easy transition from one activity to the next.
- Coaches must be flexible and able to adapt training sessions quickly based on number of players, effectiveness of the activity, engagement from players, etc.. Use your expertise to ensure a beneficial training session is accomplished every night.
- Please have an open dialogue with your players so they understand where they stand and what areas they need to be focusing on.
- Coaches are expected to respect all players, coaches, officials, and fans of Rush and our opponents.
- If disagreeing with a referee's decision, please do so respectfully and do not cause a scene. Good times to discuss would be at halftime or after the game. The call will not change.
- Coaches should encourage and stay positive with all players while keeping a high standard.
- Coaches should have a notebook and be taking notes throughout games. This is what your following weeks training sessions should be based off of.
- Coaches should introduce themselves to opponent's coach before the game.
- Coaches are responsible for making sure all players soccer balls are pumped up for training sessions.
- Please know and understand the Iowa Rush's Player and Parent Expectations and hold your team to these high standards.

Please remember that we as coaches are not only here to coach our players but we are also here to make these players better individuals in general. We must be positive role models who bring out the best in our players. Hold yourself and your players to a high level. Constantly be looking for ways to improve and make yourself better. We are able to be as strong as we are due to our highly qualified and committed coaches. Thank you!